



WRITE DOWN YOUR FEELINGS



TREAT SOMEONE TO A COFFEE

TAKE A CAKE BREAK



SMILE

MORE TODAY, TOMORROW & EVERY DAY

MAKE EVERYDAY A CLOUD 9 KINDA DAY

BE PROUD OF WHO YOU ARE

DO MORE OF WHAT IS IMPORTANT TO YOU

A LITTLE PROGRESS EVERY DAY ADDS UP TO BIG RESULTS



TREAT YOURSELF TO FRIES!

IT'S FRIES DAY!

CALL SOMEONE YOU CARE ABOUT

SEND HAPPY MAIL TO SOMEONE TO LET THEM KNOW YOU'RE THINKING OF THEM



LET'S GET FRUITY!

